



Buffalo Crossings

3890 Woodridge Drive • The Villages, FL 32162 • (352) 674-4700

Buffalo Crossings Management Team

Debbie Martin	Administrator
Ashley Laskevicz	Director of Wellness
Brandon Sheffield	Director of Dining
Brenda Shortt	Dining Rm Supervisor
Barbie Smerecki	Activities Director
Kathylee Brack	Marketing Counselor
Naomi Peeples	Marketing Counselor
Jolene Baker	Business Office / HR



May 2021



Relax With Lavender

Lovely to look at, lavender is more than just a pretty plant. It's prized for its aroma, which many people use to relax. Studies have shown that sniffing it before bed helped people drift off into a deeper sleep and wake up better rested and more energized. Lavender seems to have a calming effect by lowering heart rate and blood pressure, which promotes relaxation.

Astronomical Event

If the weather cooperates, before dawn on May 26 this year, the western half of the country could get a glimpse of a total lunar eclipse, also known as a blood moon. This type of eclipse happens when the sun, Earth and moon are perfectly aligned so that the Earth casts a shadow on the moon, giving it a red tint. Lunar eclipses are safe to look at with the naked eye, and because this event is happening when the full moon is closest to the Earth, it will appear larger than normal, making it a super blood moon.

Positive Thought

"One of the most important things you can accomplish is just being yourself." —Dwayne Johnson

It's Strawberry Season

The first fruit to ripen in spring, fresh strawberries are a sweet favorite. The average person in America eats more than 3 pounds of them each year. But it only takes a few to get a taste of their benefits. One serving, about eight strawberries, packs more vitamin C than an orange.

'Dig' Is One

How many words can you come up with using the letters in "gardening"?

Run for the Roses

Among the many traditions of the annual Kentucky Derby is the blanket of red roses that's draped over the winning horse. The flower garland, which gives the race its nickname of "Run for the Roses," is made with over 400 blooms that are hand sewn together.

Just Horsing Around

What do you call a horse who lives next door? Neighbor!

May Birthdays

- Millie G. 5/2
- Neva K. 5/4
- Nancy H. 5/9
- Sandy T. 5/10
- Maureen S. 5/18
- Joyce C. 5/18
- Charlie M. 5/20
- Helen W. 5/27



Sunday	Monday	Tuesday
<h1>May</h1>	<p>FOR EVERYONE'S SAFETY, **WASH YOUR HANDS** BEFORE AND AFTER EVERY SINGLE ACTIVITY Mask Must Be Worn At All Times Outside of Apartment</p>	<p>DON'T FORGET TO SIGN UP FOR ART/CRAFT/JEWELRY CLASSES AT FRONT DESK *PLEASE BE ON TIME* If You Are More Than 10 Minutes Late, You Lose Your Spot</p>
2	<p>10:am Banks/BT 10:am Bobby's Chair Fitness 10 People Max/Act Rm 11:am Rummikub/GR 1:pm Mah-Jong Madness/GR 2:pm Movie Matinee "Yes Day"/3F TR Comedy Hot Popcorn 8 People Max 3:pm Amazon/Internet Shopping W Sheila/AR (Bring Your Shopping List)</p>	3
<p>1:30pm Golf Card Game w Nancy/2F Odell Circle</p>	<p>10 Stretching W Sheila/AR 11 Faith, Friends & Fellowship Nondenominational/AR 2:pm Crafting Corner Painted Cactus Rock Garden Decorations 8 People Max/AR 6:45pm Bridge Club/GR Must Follow Safety Protocol</p>	4
9	<p>Happy Mother's Day Special Mother's Day Holiday Meal/DR 12-2:pm Live Jazz Music W Our Friends Doc & Bruce/L 1:30pm Golf Card Game w Nancy/2F Odell Circle</p>	10
<p>10 Stretching W Sheila /AR 11 Faith, Friends & Fellowship Nondenominational /AR 2:pm Crafting Corner T-Shirt Bag Craft Purses for a Purpose 8 People Max/AR 6:45pm Bridge Club/GR Must Follow Safety Protocol</p>	11	
16	<p>10:am CVS/BT 10:am Bobby's Chair Fitness 10 People Max/Act Rm 11:am Rummikub/GR 1:pm Mah-Jong Madness/GR 2:pm Movie Matinee "5 Flights"/3F TR Hot Popcorn 8 People Max 3:pm Amazon/Internet Shopping W Sheila/AR (Bring Your Shopping List)</p>	17
<p>10 Stretching W Sheila/AR 11 Faith, Friends & Fellowship Nondenominational /AR 2:pm Crafting Corner "Your Memories" Scrapbook & Stamp Class 8 People Max/AR 6:45pm Bridge Club/GR Must Follow Safety Protocol</p>	18	
23/30	<p>Memorial Day 24th 10:am DVD Chair Fitness 11:am Rummikub/GR 2:pm Thunder Force Movie 31st 10 Sheila's Fitness/AR Lunch Time ~ Holiday Backyard BBQ!/DR 1:pm Mah-Jong Madness/GR 1:pm Red, White & Blue Candy Buffet in the Bistro 3 Corn Hole Competition/AR</p>	24/31
<p>10 Stretching W Sheila /AR 11 Faith, Friends & Fellowship Nondenominational /AR 2:pm Crafting Corner Acrylic Paint ~ Flower Field & 3d Fluttering Butterflies 8 People Max/AR 6:45pm Bridge Club/GR Must Follow Safety Protocol</p>	25	
<p>1:30pm Golf Card Game w Nancy/2F Odell Circle</p>	<p>10 Stretching W Sheila/AR 11 Faith, Friends & Fellowship Nondenominational /AR 2:pm Crafting Corner Acrylic Paint ~ Flower Field & 3d Fluttering Butterflies 8 People Max/AR 6:45pm Bridge Club/GR Must Follow Safety Protocol</p>	26

Wednesday	Thursday	Friday	Saturday
<p>ABUSE HOTLINE 1-800-962-2873 ELDER AFFAIRS 1-888-831-0404</p>	<p><i>Calendar Activities Are Subject to Change. SEE DAILY AGENDA AT FRONT DESK FOR THE MOST CURRENT EVENTS or Dial 1000 From Your Room</i></p>	<p>Activity Room (AR) Theater Room (TR) Bus Trip (BT) Pool Hall (PH) Lobby (L) Dining Room (DR) Bistro (B) Library (LY) Gamers Row 2F (GR) Odell Circle 2F (OC) 3rd F Card Corner (CC)</p>	<p>Saturday Sudoku Challenge #1 Pick Up Sheet at Our Grab & Go Game Table (By Buffy the Bird) 1F Include Name & Room # Turn in to Front Desk for a Chance to WIN the Monthly Prize! 12:45 Bridge Club/GR 1:30 Dummy Rummy /OC</p>
<p>Cinco de Mayo 5 10:am Bobby's Fitness/AR 11:am Garden Club/Backyard 11 Welcome Committee/DR Meeting W Kathy Lee & Naomi CINCO DE MAYO FIESTA 1-3 Live Music & Margaritas! Xavier Musique 2:pm Pinochle/LY 3 ALL IN-Poker Gang/3F CC Dealer's Choice (5 Players Max) 6 Night Owls' Bingo/AR</p>	<p>6 10:am Rosary W Pauline/AR 11 Trivia Time~Quiz Wiz/AR 10 People Max Brain Games Always Available at Our Grab & Go Station <i>1 Kings in the Corner/GR</i> 2:pm Bingo Buddies! 10 People Max Bring Your Quarters 3:30 Cell Phone Education/GR</p>	<p>Red Shirt Friday 7 10:am Fabulous & Fit Class/AR 10:am Chess Club/LY 10:30am Dollar Tree/BT 11:am Vets' Club/AR 11:am Scrabble/GR 1:pm Book Club/AR 1:pm Samba Cards/LY TGIF Happy Hour 2:pm Appetizers, Music & Cocktails in the Bistro 3:30pm Open Billiards/1F</p>	<p>Saturday Sudoku Challenge #2 8 Pick Up Sheet at Our Grab & Go Game Table (By Buffy the Bird) 1F Include Name & Room # Turn in to Front Desk for a Chance to WIN the Monthly Prize! 12:45 Bridge Club/GR 1:30 Dummy Rummy /OC</p>
<p>12 10 Bobby's Chair Fitness/AR 10:30am Walmart/BT 11:am Garden Club/Backyard 1:pm Manicures/Salon 4 People Max 2:pm Hodge-Podge W Ed/AR 2:pm Pinochle/LY 3 ALL IN-Poker Gang/3F CC Dealer's Choice (5 Players Max) 6:pm Wii Bowling/AR</p>	<p>13 10:am Rosary W Pauline/AR 11 Trivia Time~Quiz Wiz/AR 10 People Max Brain Games Always Available at Our Grab & Go Station <i>1 Root Beer Float Social/B</i> 2:pm Bingo Buddies! 10 People Max Bring Your Quarters 3:30 Make Up Day For Arts & Crafts/AR</p>	<p>Red Shirt Friday 14 10:am Fabulous & Fit Class/AR 10:am Chess Club/LY 10:30am Goodwill/BT 11:am Scrabble/GR 1:pm Samba Cards/LY TGIF Happy Hour 2:pm Appetizers, Music & Cocktails in the Bistro 3:30 Shuffleboard/AR Invite Your Neighbor</p>	<p>Armed Forces Day 15 Saturday Sudoku Challenge #3 Pick Up Sheet at Our Grab & Go Game Table (By Buffy the Bird) 1F Include Name & Room # Turn in to Front Desk for a Chance to WIN the Monthly Prize! 12:45 Bridge Club/GR 1:30 Dummy Rummy /OC</p>
<p>19 10 Bobby's Chair Fitness/AR 10:30am Walmart/BT 11:am Green Thumbs Garden Club/Backyard 1:pm Manicures/Salon 4 People Max 2:pm Pinochle/LY 3 Resident Council Meeting/AR 6:pm Night Owls' Bingo/AR</p>	<p>20 10:am Rosary W Pauline/AR 11 Trivia Time~Quiz Wiz/AR 10 People Max Brain Games Always Available at Our Grab & Go Station <i>1:pm Are You Smarter Than A 5th Grader? Game Show/B</i> 2:pm Bingo Buddies! 10 People Max Bring Your Quarters 3:30 Cell Phone Education/GR</p>	<p>Red Shirt Friday 21 10:am Fabulous & Fit Class/AR 10:am Chess Club/LY 10:30am HomeGoods/BT 11:am Scrabble/GR 1:pm Samba Cards/LY TGIF Happy Hour 2:pm Appetizers, Music & Cocktails in the Bistro 3:30pm Open Billiards Invite Your Neighbor /1F</p>	<p>Saturday Sudoku Challenge #4 22 Pick Up Sheet at Our Grab & Go Game Table (By Buffy the Bird) 1F Include Name & Room # Turn in to Front Desk for a Chance to WIN the Monthly Prize! 12:45 Bridge Club/GR 1:30 Dummy Rummy /OC</p>
<p>26 10 Bobby's Chair Fitness/AR 10:30am Walmart/BT 11:am Green Thumbs Garden Club/Backyard 1:pm Resident Birthdays Cake & Ice Cream!/B 2:pm Pinochle/LY 3 ALL IN-Poker Gang/3F CC Dealer's Choice (5 Players Max) 6:pm Left Right Center/GR</p>	<p>27 10:am Rosary W Pauline/AR 11 Trivia Time~Quiz Wiz/AR 10 People Max Brain Games Always Available at Our Grab & Go Station <i>1:pm Pictionary W Sheila/B</i> 2:pm Bingo Buddies! 10 People Max Bring Your Quarters 3:30 Make Up Day for Arts & Crafts/AR</p>	<p>Red Shirt Friday 28 10:am Fabulous & Fit Class/AR 10:am Chess Club/LY 10:30am Beall's Shopping/BT 11:am Scrabble/GR 1:pm Samba Cards/LY 1-3 Live Music Allen Ross/L 2:pm Appetizers & Cocktails in the Bistro 3:30pm Shuffleboard Invite Your Neighbor/AR</p>	<p>Saturday Sudoku Challenge #5 29 Pick Up Sheet at Our Grab & Go Game Table (By Buffy the Bird) 1F Include Name & Room # Turn in to Front Desk for a Chance to WIN the Monthly Prize! 12:45 Bridge Club/GR 1:30 Dummy Rummy /OC</p>

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

5	1	8	2	9	7	6	3	4
9	4	7	3	8	6	1	2	5
6	2	3	4	1	5	9	7	8
3	5	2	8	4	1	7	6	9
4	8	6	9	7	2	3	5	1
7	9	1	5	6	3	4	8	2
2	6	4	1	3	8	5	9	7
1	7	5	6	2	9	8	4	3
8	3	9	7	5	4	1	2	6

9					7			
3				2	9		7	
7	6	5			1			
		4						
1	5			7			8	4
						2		
			5			3	2	9
	2		9	8				6
4			7					5

Word Search

Category: Young Animals

D H E I F E R B U N N Y
 U F I L L Y G D G G E W
 C M T F C H I C K A A H
 K C D A G K D L R Z G E
 L V L W D L G L Z Y L L
 I F A N G P I C X E E P
 N T O D H N O V C O T S
 G E F C G D D L V J D C
 D L C H K I T T E N O G
 D G D U C G Y O W L E T
 I I G X B H C C T C D S
 K P F B X G N I L S O G

- Filly
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- Word Search Solution:
- Bunny
 - Calf
 - Chick
 - Colt
 - Cub
 - Duckling
 - Eaglet
 - Fawn
 - Filly
 - Foal
 - Gosling
 - Heifer
 - Joey
 - Kid
 - Kitten
 - Owlet
 - Piglet
 - Tadpole
 - Whelp
 - Yearling

